



# CIP ALUMNI ASSOCIATION

CENTRAL INSTITUTE OF PSYCHIATRY  
Ranchi



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**Dr A. N. Verma,**

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Executive Council

*Imm. Past President*

**Dr S.K. Munda**  
Ranchi

*Imm. Past Secretary*

**Dr Nishant Goyal**  
Ranchi

*Imm. Past Treasurer*

**Dr Dipanjan Bhattacharjee**  
Ranchi

*Elected Members*

**Dr Ajay Bakhla**  
Ranchi

**Dr Varun Mehta**  
Ranchi

**Dr Roshan Khanande**  
Ranchi

**Dr Surjit Prasad**  
Ranchi

**Dr Neha Sayeed**  
Ranchi

Letter No: CAA/Annmt/2020/01

Dated: 15<sup>th</sup> May, 2020

**Important Announcement about CIP Alumni Association related matters**

Dear alumni,

First and foremost, I hope you and your family are keeping safe and well. I wish to provide you an update on the status of the Alumni related matters that occur annually in the month of May. Due to ongoing concerns regarding the COVID-19 pandemic, and with the health and safety of our CIP Alumni community as our top priority, the difficult decision to postpone the Annual General Body (AGB) meeting and the Alumni Meet, scheduled for 17<sup>th</sup> May, has been made by the Executive Council (EC).

Although we are deeply disappointed at being unable to hold the AGB meeting and the Alumni Meet at the time of year it is usually held, we remain committed to organising the event later this year, provided travel and gatherings are permitted. On behalf of my Executive Council members, please know we are working diligently to evaluate all our options and will be in touch once we have more information to share.

The EC members exercised their voting rights to decide to go ahead with the election for the post of President. However, since the AGB cannot be convened in a physical sense, this ambiguous situation is hoped to be resolved by further deliberations by the EC. Updates will follow once there is clarity on this issue.

The EC has further decided to press on with the presentation/publication of the Annual Reports of the Secretary, Treasurer and Editor. However, due to the lockdown having occurred on 24<sup>th</sup> March, the Treasurer has informed me that he could not approach the Auditor, as this occurs usually soon after the Financial Year closes on 31<sup>st</sup> March. I have been assured by the Treasurer that the Report will be prepared and shared once the lockdown is over. No editorial activity was able to be completed due to the lockdown too, hence this too is unable to be shared as of now. The Secretary's Annual Report can be found on the Institute website.

I conclude by expressing our gratefulness for all the ways in which you support our alma mater, and we look forward to providing you more updates in the near future. I wish you all continued good health.

Best regards,

**Dr Avinash Sharma**

Secretary  
CIP Alumni Association



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Ranchi

**CIP Alumni Association**

**Annual Report for Year Ended 16<sup>th</sup> May 2020**

The Association was set up in the year 2000. The application for registration of the Society was submitted to the Office of the Inspector-General of Registration, Government of Jharkhand in December 2019. The registration remains pending at the time this Annual Report was prepared.

**Registration Number:** To be advised once registration is approved.

**Registered Address:** To be advised once registration is approved.

**Office Bearers/Executive Committee Members**

Name	Designation	Date of Appointment
Prof D. Ram	Patron	17/01/2013
Dr Nishant Goyal	President	17/05/2019
Dr Avinash Sharma	Secretary	17/05/2019
Dr Narendra Singh	Treasurer	17/05/2019
Dr A N Verma	Editor	17/05/2019
Dr (Maj) Ajay Bakhla	Executive Council Member	17/05/2019
Dr Varun Mehta	Executive Council Member	17/05/2019
Dr Roshan Khanande	Executive Council Member	17/05/2019
Dr Surjit Prasad	Executive Council Member	17/05/2019
Dr Neha Sayeed	Executive Council Member	17/05/2019

**Banker:** Bank of Baroda, Kanke Branch, Ranchi

**Auditor:** M. Kishore & Co.

## OBJECTIVES

The main aims and objectives of the Society are as follows:

- To strengthen the bonds of cooperation and fellowship amongst all the ex-students of Central Institute of Psychiatry, hereinafter referred to as 'Institution'
- To look after the interests of the alumni of various streams of the Institution
- To develop, maintain and strengthen the fraternal relationship amongst the alumni of various streams of the Institution
- To maintain the honour, legacy and dignity of the Institution
- To uphold as well as strengthen the ethical responsibilities of mental health professionals towards their patients and the society at large
- To disseminate the importance of having harmonious as well as working professional relationship among various health professionals for the welfare of common people with health needs
- To work for the improvement of psychiatry and allied behavioural and social sciences disciplines for instituting the greater welfare of people with psychological and behavioural problems
- To develop the sense of cooperation between general healthcare professionals and mental health professionals for instituting overall health and well-being of people in the society
- To uphold and patron scientifically oriented knowledge and principles associated with psychological and behavioural problems and their treatment in the society
- To develop, discuss and work on practical as well as theoretical strategies, programs and events for the greater welfare of psychologically ill people
- To develop collaborative relationship with various agencies and stakeholders relevant to the mental health needs of the people of the society and working with various agencies and organisations for instituting mental health promotion of people, prevention of the occurrences of mental and behavioural disorders and welfare of overall health of people
- To publish books, monographs, periodicals and papers concerning the issues relevant to the work of the Society
- To purchase, take on lease or in exchange or hire or otherwise acquire any movable or immovable property of any rights or privileges necessary or convenient for the purposes of this Society.

## POLICIES

### Funding Sources

The Association is financially supported by a one-time membership fee, donations, gifts, contributions and grants from legal sources; grants made by or through the Central and/or State Government, Private and Corporate Sectors, any individuals and other legal sources; through charity shows and exhibitions organised by the Society.

### Memberships

Membership is open to alumni of the Institute after successfully completing the stipulated tenure of training and study and having the Certificate of the Degree/Diploma/Certificate Course and/or Marksheet of the Final Examination. Additionally, applicants who have a Recognized

Educational Qualification in any branch of Mental Health and Behavioural Sciences (e.g. Psychiatry, Clinical Psychology, Psychiatric Social Work and Psychiatric Nursing) or Medical Sciences or any other academic qualifications with relevance in the field of Mental Health and Behavioural Sciences, who have spent at least 02 years as part of the Institute in any teaching/non-teaching capacity as decided by the Executive Council of the Society, may become members.

Approximately 40 new members were added in the period under report.

## REVIEW OF YEAR 2019-2020

### Staffing

As at 16/05/2020, the Society does not employ any full-time or part-time administrative staff.

### Activities

The Society was involved in conducting the following activities during the period under report:

1. **World Schizophrenia Awareness Day** – observed on 24<sup>th</sup> May, 2019. This program was held at the OPD hall. Dr Surjit Prasad delivered a talk on schizophrenia. Approximately 250 patients, caregivers, faculty, residents, students and staff participated in the event.
2. **World No Tobacco Day** – held on 31<sup>st</sup> May, 2019. An awareness program was organised in the OPD hall for patients and caregivers. About 250 patients, caregivers, faculty, resident, students, staff participated in the event. Prof. D. Ram, Director of the Institute delivered a welcome address to the gathering and spoke about the significance of World No Tobacco Day. Prof. CRJ Khess, In-charge Centre for Addiction Psychiatry and Dr S.K. Munda gave talks on awareness and sensitization for tobacco related problems.
3. **Film Festival** – a three-day film festival, “*Anubhav ... through the lens of mind*” was organised at the Institute in collaboration with *Akhra*, Ranchi, CIP Alumni Association & *Ekjut*, Ranchi from 28<sup>th</sup>-30<sup>th</sup> July, 2019. The film festival screened films on mental health in an attempt to spread the awareness among the wider audience. Dr Mohan Agashe, Ex-Professor of Psychiatry was invited by CIP to screen two of his award-winning films “*Kaasav*” & “*Astu*”. The team also extended the invitation to Ms. Swati Chakraborty, Head of Advocacy & Disability Studies, Indian Institute of Cerebral Palsy (IICP) to screen her national award-winning film “*I am Jeeja*”. The program was well-received by the audience. It was attended by staff both at CIP as well as at a venue outside the Institute.
4. **World Mental Health Day** activities took place from the 10<sup>th</sup>-12<sup>th</sup> October, 2019. The theme was “*Suicide Prevention*”. The Alumni Association was part to these activities which included painting and sports competitions for inpatients at the Centre for Child & Adolescent Psychiatry (CCAP); a skit on suicide prevention was also held at CCAP. An awareness program along with a skit on suicide prevention was held at the OPD hall for patients and caregivers. Similarly, awareness programs were conducted for medical officers, faculty, students, attendants and nursing officers at the Institute. Further, an awareness program on suicide prevention for military personnel and their families was also conducted at Dipatoli Cantonment.

5. **Epilepsy Awareness Camp** was held on the 23<sup>rd</sup> November, 2019 at Deepshikha, Namkum, Ranchi.
6. A **mental health awareness camp** was conducted conjointly by CIP Alumni Association and Indian Psychiatric Society – Jharkhand State Branch at Bundu on 11<sup>th</sup> January, 2020. A car and bike rally was part of an attempt to sensitise the public on issues related to mental health.
7. An **awareness program on drug abuse prevention** was conducted by the Department of Psychiatric Social Work on February 5<sup>th</sup> and 11<sup>th</sup>, 2020.
8. An informal **alumni meet** was held on 28<sup>th</sup> February on the sidelines of the 38<sup>th</sup> Annual National Conference of the Indian Society of Professional Social Work. This conference marked the Golden Jubilee of the Department of Psychiatric Social Work at the Institute. Senior psychiatric social work alumni were felicitated. Nostalgia was palpable as alumni recounted their recollections of a bygone era and the meet was deemed a worthwhile highlight of the conference by all who attended.

## Future Plans

The Registration of the Society is at an advanced stage. Once the registration process concludes, the next plan of action is to obtain a PAN number for the Society which will enable significant savings on the Fixed Deposits that the Society holds.

An alumni directory is to be created and disseminated online allowing alumni in various parts of the country and overseas to enter their current affiliation and contact details.

Sd/-

**Dr Avinash Sharma**

Secretary

CIP Alumni Association